October 28, 2021

Ps. 34:8, *"Taste and see that the LORD is good; blessed is the one who takes refuge in Him."* (NIV)

David is stating that the way to taste or see the LORD's goodness is by faith. You will never know what something tastes like until you try it. Neither will you know what something looks like until you look at it. Many people judge the merit of the LORD without trying Him. Once you step out in faith, you will see that the LORD is exactly Who He says He is.

There have been many who have decided to not even give the LORD a chance. It's like a toddler looking at a serving of food they have never tried and determining that it is not going to be good. David says, "Taste and see." Once you have, you will realized that there could never be anything that will satisfy like our LORD. He will meet every need. He will supply all of the things we can use.

And then, David reminds us of what takes place once we put our faith in the Father. We will be blessed. The Hebrew term for *blessed* is **ashrei** which means *to be made completely happy, content and fulfilled*. We need to be reminded that nothing this world offers us will fill the void of our emptiness. We can try success, money, fame, or anything else, but will still find them to be void of ever-lasting happiness and contentment. Our only hope is in the LORD. He is all that we need. When we have Him, we have everything.

Dear LORD, we know that You are good all the time. Help us to experience Your goodness and faithfulness today by walking in faith. We find our refuge in You and You alone. We will not look to the things of this world to try to fulfill us because they never will. All the time, You are good. In Jesus Name, Amen